

CHAMINADE MIDDLE SCHOOL / **3K Productions** 2009-10 Sizing Information

**All items can be machine washed & dried, NO BLEACH**

Style	Size	Youth M	Youth L	Youth XL or Adult XS	Adult S	Adult M	Adult L	Adult XL	Adult 2X
Unisex poly/cotton T-Shirts: P.E. and Community Service	Standard Sizes	Youth 10-12	Youth 14-16	-	34-36	38-40	42-44	46-48	50-52
Unisex Nylon Dazzle PE Shorts: with elastic waists and draw cords.	Relaxed Waist	-	-	23"	25"	27"	29"	31"	33"
	Waist Range	-	-	20-26"	22-28"	24-30"	28-34"	30-40"	34-44"
Girl's Navy Under Skirt Shorts Cotton/Poly/Lycra	Relaxed Waist	-	-	-	22"	24"	26"	28"	30"
	Waist Range	-	-	-	22-26"	24-30"	26-32"	28-34"	30-38"
Navy P.E. Logo Sweatpants Unisex Poly/Cotton elastic waist with draw cord.	Relaxed Waist	22"	24"	24"	24"	26"	28"	30"	
	Waist Range	18-26"	20-28"	20-34"	22-30"	24-32"	26-35"	28-38"	
	Inseam	23 <sup>3</sup> / <sub>4</sub> "	26 <sup>1</sup> / <sub>4</sub> "	28"	30 <sup>1</sup> / <sub>2</sub> "	31"	31 <sup>1</sup> / <sub>2</sub> "	32"	
Skirt – Stitched down pleat Chaminade Plaid 100% Poly	Junior size	-	N/A	(0-3)	(5-7)	(9-11)	(13-15)	(17-19)	N/A
	Waist Range	-	22-24"	24-26"	26-28"	29-31"	33-35"	37-39"	41-43"
	Hip Range	-	33-34"	35-36"	37-39"	40-42"	43-46"	47-50"	51-53"
Unisex Poly/Cotton Polo Shirt		10-12	14-16	18-20	34-36	38-40	42-44	46-48	50-52

Shirt measurements are taken around the chest under the armpits, as shown in the illustration. Order a larger size if measurements fall between sizes. Please take your child's growth patterns, comfort and ease of movement into consideration when choosing a size. **Youth and adult sizes overlap in some cases, but adult shirts typically feature wider shoulders, longer sleeves, and longer bodies. They have a taller, broader-shoulder fit than youth sizes.**

Youth Shirt Sizes			Adult Shirt Sizes		
Shirt Size	Size also known as:	Chest In inches	Shirt Size	Size also known as:	Chest In inches
Youth Small	6-8	25-27"	Adult Small	34-36	34-36
Youth Medium	10-12	27-30"	Adult Medium	38-40	38-40
Youth Large	14-16	30-33"	Adult Large	42-44	42-44
Youth XL	18-20	34-36"	Adult XL	46-48	46-48
			Adult 2X	50-52	50-52

